



MR. BILL FITNESS COMES TO CITRUS COUNTY FLORIDA

BOOT CAMP FOR ALL LEVELS OF FITNESS

Whispering Pine Park (Forest Drive Entrance), Inverness, FL

Saturday, September 5th • Saturday, September 12th

Beginners 6:30-7:20 am / Intermediate/Advanced 7:30-8:30 am
\$10 per person



No mats needed.

Bring water, energy and fitness questions for Q&A time.

Excellent Exercise Techniques Taught!

If you have questions about participation please call me. 201.281.4444



**FUN AND FITNESS DO EXIST!
Come meet me and I will prove it to you.**

**I Won't Quit Until Your Fit
MrBillFitness@aol.com**

MrBillFitness.com • 201.281.4444